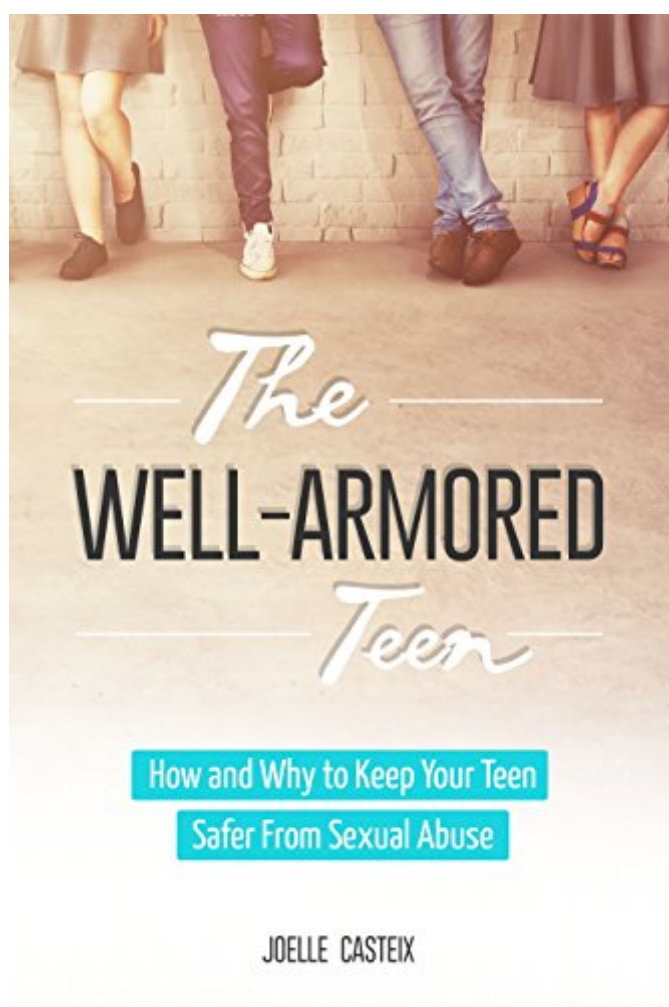


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# The Well-Armored Teen: Easy Tools Protect Your Teen And Tween From Sexual Abuse, Bullying, And Exploitation (The Well-Armored Child Library Book 1)



## Synopsis

Do you know that the sexual abuse and exploitation of teens is a national problem? Do you know what makes a teen vulnerable to predators? Do you know how to protect your teen online and off? And ... Do you know that protecting your teen from abuse and exploitation is easy? This book will show you how. The teen years are some of the most intense, heart-wrenching, and vulnerable times in your child's life. The sweet little boy or little girl you are raising has morphed into a hormonally charged teen whose moods and needs are unpredictable. School, stress, love, jobs, dreams, body image, and sexuality are all playing large roles in your kid's life. Your teen is over-tired, over-stimulated ... and vulnerable to predators. In this book, you will learn: How your teen can use the internet, internet-enabled devices, cell phones and social media safely, How to talk to your teen openly and easily about sex, sexual abuse, exploitation, and bullying, How to tackle issues like dating violence, sexual harassment, and sexual abuse, How to spot the signs of predatory grooming (how a predator targets victims), The signs and symptoms of sexual abuse in teens, and How to report abuse and help those in need. Written by Joelle Casteix, the leading "in the trenches" expert on the prevention and exposure of child sexual abuse, *The Well-Armored Teen* gives parents, educators, and caregivers practical and easy-to-use strategies that will keep teens safer from abuse RIGHT NOW. Taken from the award-winning book, *The Well-Armored Child: A Parent's Guide to Preventing Sexual Abuse* (also available on ), *The Well-Armored Teen* is a must read for any adult who knows or loves a teenager. To learn more about Joelle Casteix and her other books, visit [Casteix.com](http://Casteix.com).

## Book Information

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## Customer Reviews

This author captures everything a parent should know to armor their child ~ not just against abuse, but for life in general. Written with humor, strength and incredible insight. As a psychologist, I would recommend every parent, teacher, counselor and beyond read this book because "clinically" it is relevant and on target with children's developmental stages. I appreciate Joelle Casteix not only giving us a clear picture of the child's perspective and classic "struggles" of our youth, but she also explains the mindset of a predator. Giving us the insight into the behaviors and thoughts of a predator is one of the best "take aways" from this book. With this powerful book that is written in a way that is engaging and easy to grasp, adults will have the tools to armor their children from becoming a victim. I will use this book with the parents and tweens that I work with. Thank you!

Joelle Casteix writes in a fluid, no-nonsense voice about the scourge of teen child abuse in this follow up to her first book, *The Well Armored Child*, on the same topic. This book should be mandatory reading for all parents, guardians, coaches and educators. Casteix writes with the authority of someone who has become a media go-to person on this subject due to her advocacy of children and grown adults who have been the victim of child abuse. *The Well Armored Teen* is impeccably researched without reading like a master's thesis. It's a short read, which should make it digestible in just several short readings. On the other hand, being a parent of two teens myself, I found myself going back to highlight and underline sections for future follow up. *The Well Armored Teen* also provides detailed instructions about how to help your teen avoid being a victim and what to do if you suspect something may be wrong.

Based on years of experience at the front lines of the fight to expose and prevent child abuse in institutional settings, *The Well-Armored Teen*, offers insightful, practical advice to empower parents in protecting their children and teens in protecting themselves. Ms. Casteix writes with a unique blend of power, compassion and humor. This concise work, like its predecessor, *The Well-Armored*

Child, is a must read for parents and teens.

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